

## Video & Transcript of Henri Kynsilehto, WTM Helsinki Centre

(To learn more about Henri Kynsilehto, see [www.wtmhelsinki.com](http://www.wtmhelsinki.com)\*)



“ Hello, my name is Henri Kynsilehto, and I'm very excited to be opening a World Transformation Movement Centre here in Finland.

I was born in Northern Finland, in a town called Oulu, and I lived there for my childhood and my adolescence, and I moved to Tampere in southern Finland when I was 20, and I started studies at the University of Tampere. I did a huge load of studies, and at the end I ended up with a Master of Science degree in philosophy that was like double the size of the normal degree [*laughing*], including studies in psychology, of course philosophy, which was my main subject, and mathematics, computer science, economics and social psychology. I wanted basically to know everything! I was keen to know. But after I got my degree, I also took studies in pedagogics [the approach to teaching] and I have a teacher's pedagogical studies [degree] so I could teach in high school or junior high school.

Earlier this year, I just stumbled upon this interview from Craig Conway where Craig Conway interviews Jeremy Griffith and I was like mesmerised with that interview, about the topics—it just stopped me and aroused my interest. [Watch *THE Interview* at [www.humancondition.com](http://www.humancondition.com)\*.] When I first saw the video and started to read the book [*FREEDOM: The End Of The Human Condition*\*], I was like struck by lightning or something like that. I thought, this is it! I mean this is what I have been looking for. That's what I was thinking. It was so big for me to be able to find something that resonated with the expectations that I had, that I've had during my life, when I try to look for something more than just the dull explanations, like 'Well, men are like that, and it's just natural for men to be bad and evil and selfish'—and so suddenly I found something that told me a bit more about what's underneath the hood in the human mind, what's going on inside the human mind, and the situation or condition in which we are. And I just felt that for the

first time of my life I felt that ‘This is it!’, this is what I have been looking for. It stopped me. I didn’t need to go anywhere else anymore. [See [Video/Freedom Essay 3\\*](#): *THE Explanation.*]

Before I found the information I was kind of like looking for meaning in life, what this all means and going through any topic or ideas or materials that might contain answers—and I was doing that as a child, I suppose all children do that. In adolescence I read the Bible, though I’m not a religious person. I read various national epics. And at high school I turned to philosophy, I read Plato, I read Nietzsche. And I read psychology, Sigmund Freud was a big hero for me. And I suppose I was looking for a way to understand myself and other human beings. So I had no conclusive story about what life is, what men are, and I was just looking for something. I didn’t have any sort of story.

When I found the information and I started to digest that and let that sink in, I started to re-evaluate some ideas or thoughts that I had about life, and men, before. For example, I thought—and I have thought for 30 years—that altruism is impossible and that selflessness is impossible, because I kind of like proved that to myself 30 years ago. And now Jeremy Griffith enters and he presents biological proof that we’re not only capable of selfless behaviour and altruism, he says that we are biologically predisposed towards such behaviour! [See [Freedom Essay 21\\*](#) on the origins of our all-loving, unconditionally selfless, cooperative moral conscience.] And that was so big because I thought that I had covered that up by proving that it’s impossible, and it was like a big festering wound, in some, in like sediments of my mind because I have built a lot of behaviours and attitudes towards people, towards life and the world, on top of that false thesis that I held and I thought that I had proved. And it was quite relieving. I carried that thesis for 30 years and when I understood that I was wrong, it was pure bliss for quite a while! I mean, people were like asking, ‘Why are you smiling all the time?’

It’s pretty odd, because I’ve always been a very cranky guy who doesn’t ever smile, and now whenever I see another person, I start to smile. I don’t know what’s happened! I fear that I have been a very callous person, but it’s changing, it’s changing.

I really appreciate the way that Jeremy Griffith refutes the false ‘savage instincts’ myth, because it is a myth [see [chapter 1\\*](#) of *FREEDOM* and [Video/F. Essay 2\\*](#): *The false ‘savage instincts’ excuse*]. In science, it has only been vaguely formalised and proposed, and it’s never been evaluated. And Jeremy Griffith puts forth scientific evidence against the ‘savage instincts’ myth, and I really appreciate that part of Jeremy Griffith’s, of the book.

Of course, the refutation of the ‘savage instincts’ myth is just the beginning of this huge book, because I mean the book has a scientific part and it has this kind of like visionary and philosophical part. And once the scientific part is kind of like dealt with, the book opens up to themes in philosophy, religion and psychology and upbringing, and all that stuff that we humans have built on top of the ‘savage instincts’ myth, on top of that thesis that men are by their biological nature, vile and evil and savage. And that’s what makes the book so huge. Griffith goes through religion and explains why there are these religious stories about ‘the fall of man’, which he uses as prescientific stories about the history and prehistory of man. And he goes through Plato’s cave allegory and explains what is going on behind that, under the hood [see [chapter 1\\*](#) of *FREEDOM*].

What I personally find really interesting in Jeremy's interpretation of Plato is that when philosophers read Plato, they kind of like have some sort of cognitivistic reading of Plato's cave analogy. And then you get muffled with, or befuddled with, this distinction between the Material World and the Ideal World, that is, the Problem of Universals. But Jeremy Griffith's interpretation of Plato, is like, it's like a bomb; I mean what he is saying is that it's not about the Material World and the World of Ideas, it's about the universals are imprinted in our biological makeup, and that's why we find them as unchangeable and unmovable and all that.

Getting the information from Griffith's book and the different materials from the WTM can make your life better and easier and happier, because it shows us the way that we can think about other people and the way we can behave while being honest. I think it kind of heals human relations, I mean human relationships, where you don't have to kind of like try to re-validate yourself all the time.

If I had this information when I was in my adolescence, my life would have been so much more easier, because I wouldn't have had to learn to live in a world where you have to think about other people as selfish, and have to think that selflessness is impossible, because it makes your relationship to other people so much better. I think that this information should be available to all children and young people in the world, so that they could grow into it and grow with that.

I think this is a great science-based view of life and it has immense healing power, and it's a compassionate story and description about men and human history. I feel that with the evidence on the true biological nature of men, the next step is to kind of like, apply that into more philosophical areas that are not covered by exact science like upbringing, psychology, and, well, all the sort of things that we do in human societies. And I think that this information is just great in that. It's like a compassionately understanding way of thinking about humans and with great healing potential.

Having found the information, I consider myself to be a very lucky person and what I want to do next is to...I feel that I have the responsibility to spread the word, so to speak, and that is why I want to open this WTM Centre in Finland so that the information is available and the movement has presence in Finland.

OK, so please get in touch, we'd love to hear from you! ”

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