

## Transcript of Jolanda Timmerman and Fred Lankamp's WTM Arnhem Centre video

(To learn more about Jolanda & Fred, see [www.wtmarnhem.com](http://www.wtmarnhem.com)\*)



“ Jolanda Timmerman: Hi, thank you for watching. My name is Jolanda and I work as a Civil Servant at a provincial government (Gelderland).

Fred Lankamp: And I'm Fred. I am a professional musician and drum teacher. We live in the Netherlands.

Jolanda: I have always been very interested in human behaviour, and that is why I studied political science at Radboud University, Nijmegen. I have read a lot of books about philosophy, psychology, anthropology, the mechanics of the brain, behavioural insights, etc.

About a year ago I ran into a video of biologist Jeremy Griffith talking about a book he wrote about the human condition, *FREEDOM: The End Of The Human Condition*\*. At first I did not get what he meant by the human condition, but I soon found out that it was about the conflict in each single person, each one of us—when the ideals of life are so clearly to be cooperative, loving and selfless, why do humans behave competitive aggressive and selfish?

The first time I watched the videos I found it very hard to understand and I thought it was because of my poor English. But on the other hand, I knew all the words he was speaking; I could translate all the words, but I still did not understand his message. I was very much intrigued by the honesty and integrity of Jeremy Griffith, and I was also intrigued by the huge claim made by Professor Harry Prosen (who is a former president of the Canadian Psychiatric Association), who says [on the cover of *FREEDOM* that] **'this is the book that saves the world'**.

It made me very curious—and because I was so curious and intrigued, and since all the information was available for free, I kept reading and digesting the information.

After watching the video about the Adam Stork analogy, I was blown away; it really blew my mind. This analogy explains the conflict inside every human being between ‘good’ and ‘evil’. This concept is so utterly simple and made everything so clear. I could not understand why nobody told me about it before, and I was even a little bit angry about why I had not figured it out myself. That is how simple it is! I tested the concept in every situation validating its truth and after two months I introduced this information to Fred.

Fred: Yes, that’s right. One day Jolanda came to me and said, ‘I have found something interesting I would like to watch with you and I want you to say what you think about it.’

I have also been very interested in human behaviour. There are a lot of people who suffer from all sorts of behavioural problems and even disorders like ADD, autism, ADHD, OCD, anxiety disorders, depression, and so on. These disorders are all described in a book called *The Diagnostic and Statistical Manual of Mental Disorders*. And it looks like the number of problems is growing, and I was curious whether these disorders were nature, or caused by the complex society we live in. So we watched the videos together and it was very helpful for me that Jolanda already understood the information and could give me everyday examples.

Jolanda: After we had seen the videos we started reading and listening to the Freedom Essays on the website of the World Transformation Movement (WTM; see [www.HumanCondition.com](http://www.HumanCondition.com)\*]. The website of the WTM is absolutely wonderful and offers so much information, and everything is available for free, no email required, including the book—but if you want you can buy a printed copy on Amazon.

Fred: It is a great relief to understand the real scientific biological explanation of the human condition. The human condition is solved! The insights are life changing. It made us more secure about ourselves because we now know we humans are not bad at all, after all, and we are all equally good. In fact, humans are the heroes of the story of life on Earth.

Jolanda: After being together and knowing each other for 38 years, we understand each other much better, and that is because of the book *FREEDOM*. We understand the different roles men and women had to adapt to under the duress of the human condition. I now know the struggle men had to endure in the search for knowledge, and understand why we had to adapt to living in a patriarchal society. I respect men much more than I have ever done!

The book provides you with the understanding of why we behave the way we do. And with this understanding you gain the freedom to live according to your own conscience or soul. We can live a soulful life now! Because we are free from the human condition.

And now we are opening our own WTM Centre and this is the second one in the Netherlands. This information brings so much joy and happiness. And we say happiness only grows when you spread it, it multiplies.

This information reconciles science and religion, capitalism and socialism, feminism and masculinity, young and old—it ends all prejudices and racism, *forever*. It will end all the suffering and conflict on Earth. And everybody should be able to access this information, and understand this information, and we are very much willing to help you with it. You don’t have to believe *anything we just told you*—don’t believe anything we say—just go to the website of the WTM, [www.HumanCondition.com](http://www.HumanCondition.com)\*, watch the videos, read the essays,

listen to the podcasts, listen to the audio files, digest and discuss the information, and make up your own mind.

Fred: We would like to end this video with the lyrics of one of our favourite songs by Joni Mitchell called *Woodstock* (1970):

**We are stardust /  
Billion year old carbon /  
We are golden /  
Caught in the devil's bargain /  
And we've got to get ourselves /  
Back to the garden.**

Jolanda and Fred: Thank you for watching. Kind regards! ”

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