

## Transcript of Karen Boon's WTM Staffordshire Centre video

(To learn more about Karen, or view Karen's video, see [www.wtmstaffordshire.com](http://www.wtmstaffordshire.com)\*)



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“ Hello everyone, my name is Karen Boon. I'm 36 years old [at time of filming]. I'm a qualified tutor and assessor and I live in Staffordshire in England. I have two children, an 18-month-old daughter and a four-year-old son. I'd like to open a WTM Centre in Staffordshire, and I'd just like to explain a little bit about myself and why I want to do that.

I've been a qualified tutor for over 13 years now, and a large part of my career has been working for the employability sector that works in partnership with job centres in the UK. My role was to support people who had fallen out of work, and were job-seeking, back into work by delivering workshops and courses that helped to develop 'people skills'.

I've always been quite a sensitive person. As a child I was quite quiet, sensitive and thoughtful, and then as I got older and into my 20s I realised that I also had a bit of an egotistical side. I could be quite arrogant. But I just, kind of, accepted that everybody was like that, and that everyone has a range of behaviours that we will demonstrate. But it wasn't until I got to my late 20s and early 30s that I started to find my egotistical thoughts, feelings and behaviours just intolerable and set about trying to eliminate them. I was exploring things like meditation and reiki, and writing a lot of poetry, and followed a little bit of the New Age movement—just to see if I could eliminate some of those darker thoughts and feelings that I know we all share but I just didn't like them. I knew that those darker behaviours and thoughts that we have are actually quite destructive to our world, and I started to realise I didn't really like a lot of our dysfunctional processes that we have in the world. And I thought that maybe the way to change things would be to change myself!

Inevitably though, that phase came to an end because although I discovered that I do have a very sensitive side, and that I really liked that part of me, the world at large didn't really live in accordance with that very much, so I kind of had to put that to one side and 'get on' with the rest of my life.

Then I had my children and I discovered as a mother that, although I loved my children, I found motherhood really difficult. I found it very exhausting, very demanding. I felt that I my own basic needs went without being met for long periods. I found that there were times as a parent that you feel you are struggling and you are just trying to make it through. And although friends and family tried to comfort me when I was having difficult times, and I tried to say "Everybody experiences this, this is hard for everyone", internally something really deep inside me just really refused to accept that it was this hard for everyone and that we just have to 'get on with it'. I just found that really difficult to accept, and so I just kept an eye out for anything that would help to benefit my life, my mental health, and my friends and family as well. And that's when I noticed in October last year, 2019, an advert on Facebook for Jeremy Griffith's book *FREEDOM: The End Of The Human Condition* and for the WTM.

I spent a couple of months looking at the introductory videos on the website [at [www.humancondition.com](http://www.humancondition.com)\*], and by December last year I asked my husband if I could have this book, *FREEDOM*, for Christmas—and he also bought me a couple of Jeremy's other books for Christmas. Then in January this year, 2020, I started to read *FREEDOM* and I also contacted the World Transformation Movement in Sydney, because initially I had questions about the 'deaf effect' which is spoken about in the first video of the introductory videos. [The 'deaf effect' is the resistance some people experience when hearing discussion of the previously 'off-limits' subject of the human condition; see [Video/Freedom Essay 1\\*](#)].

When I started to receive emails back from the World Transformation Movement I was completely blown away by how supportive they were, how knowledgeable they were, and how much they were willing to help me understand this information and make sense of my own life. That enabled me to read *FREEDOM* and understand my own journey a little bit more. I also started to take part in some discussion groups about this ground-breaking information that Jeremy Griffith presents. As I read it, and finished it, I just realised that it's just absolutely amazing work that all human beings really need to hear.

What really helped me massively was the information about our sensitive instincts and how we acquired them [see [F. Essay 21\\*](#) and [chapter 5 of FREEDOM\\*](#)], and also why at this point in humanity we are not living in accordance with them—what happened in human evolution for us to arrive at this point where we weren't living the way that we felt we should be living [see [Video/F. Essay 3\\*](#)]. That was really, really important for me to read.

And what I also loved reading about was Integrative Meaning—that just really set my world alight [see [F. Essay 23\\*](#) and [chapter 4 of FREEDOM\\*](#)]. I was absolutely so overwhelmingly happy to read that chapter that I ran downstairs as soon as I finished it and tried to explain to my husband what I'd read, because it just made sense of everything I had always felt and now my brain was now catching up and reading information about it. For me it was ground-breaking information that we've never had before about the evolution of the planet and where human evolution is within that. From a scientific perspective it just gives meaning to human life that I would *never* have expected to come across, ever.

This information completely reconciles science, religion, spirituality—and there was just so much information in this book that I kept on reading. I was reading about how the conscious mind developed, and the instinct vs intellect battle [that produced the psychologically-troubled human condition]—an understanding that just became so much clearer the more I read through it, [enabling me to] understand the whole history of our species for the first time. I've never ever heard, seen, read anything like this ever before—a truthful account of the history of human evolution, and why we've never had this information before, and why science had to arrive at a certain point for us to be able to understand ourselves completely.

I was just completely blown away by it, and I just felt that if I can do anything to help another person or other people arrive at this same understanding then I think it's really important that I do what I can to help and support that. So I'm opening the WTM Centre in Staffordshire to open up another channel of discussion and communication about this work, because I found that the more I discussed and reflected on it with other people, the more I was able to digest and absorb a lot of these concepts—because they *are* new and they are *so truthful*; they explain everything *so clearly, so well*. Jeremy has done an excellent job of providing such a logical explanation throughout the book that it is very easy to follow—even if you are obviously not particularly scientific, like myself. I've never particularly looked at any science information before in any depth, but I found this very easy to follow.

So I think it's really important that I open a Centre to help anyone else's discovery of this information, and how it really does do what it says it will do—it really does '**save the world**' [commendation from [Professor Harry Prosen\\*](#)]. It really does save human beings because, ultimately, the lack of not knowing all this information in *FREEDOM* is actually what causes our anxiety, our depression, and our whole range of mental health problems that we come across. All that will be eliminated for us with this understanding. So the 'freedom' that Jeremy describes is actually a psychological freedom, an emotional freedom that we gain from reading this—from understanding—which then provides a practical freedom and a physical freedom in our world—because our actions and behaviours will be so much different now that we have a better understanding of ourselves. So that's why I'm opening a Centre and I very much look forward to meeting anybody that is looking into this and would like to start discussing it further with other people. Thank you very much. ”

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