

## Transcript of Sarah Colquhoun's WTM Albury Centre video

(To learn more about Sarah, see [www.wtmalbury.com](http://www.wtmalbury.com)\*)



“ Welcome to the Albury WTM Centre. I'm Sarah and I'd like to tell you a little bit about myself and my motivation for opening this Centre here in Albury.

I am 54 years old [at time of filming] and I am the mother of three beautiful adult daughters. I grew up on a farm about an hour south-east of Albury [on the border between New South Wales and Victoria], and when I left school I went to Wagga Wagga [a nearby regional town] and I studied teaching. I have a Bachelor of Primary Education and then, about eight years ago, I did a Master of Education in Teacher-Librarianship.

My motivation for opening the Centre is really very simple: I just want *everybody* to know about the information in this book *FREEDOM: The End Of The Human Condition\**, which is written by Jeremy Griffith, is life-saving, life-transforming, and it is the most incredible information that we need here and now on this planet.

I've known about this information for quite a long time, but it was only really about a year ago that I made the decision to really immerse myself in this information. And the reason I did was because I knew that this was true. I knew that this biological explanation, of the human condition being solved, was true. And I knew it was true, but I hadn't fully, *fully* immersed myself in it. But one day I was walking down the street and I bumped into somebody who was also listening to this information and it was just a really, really profound moment because I felt that there are so few people who know about this information and I looked around and I could see all these people in the street; all these people were going to work, and they were busy going about their daily lives, and they were busy living the horror of living under the duress of the human condition. And here I was with this information that is life-saving, life-transforming, and I wasn't actually *doing* anything about it. I was listening to it and understanding it, but I wasn't actually fully

committed to making this just *the most important thing for me to do*—to actually work with this information; to understand it more deeply; and for me to get it out to the world so everybody could have this information.

It was at that moment that I just said, “Okay”, and I actually made that choice, then and there, to commit to working with this information and helping this information get out to the rest of the world. Because I know that in supporting this information I can help other people know about it. *And this world needs it so badly.* This is the most beautiful world to be living in, but we all live with such horror and such pain. And if everybody knows about this—that we no longer have to live with the pain of the human condition—then that’s the most amazing thing that we can have for humanity. There is a future for humanity with this information in the world. That’s what everybody needs.

I’m going to tell you how this understanding has transformed my life—and I can tell you that my life is *completely* different to the way it was a year ago when I hadn’t really immersed myself in this information fully. I can now wake up every morning knowing that I have the answers to why humans are the way they are; all the answers to any question you can ask in the world, about men and women, about politics—just every question that I have ever wanted answered has now been answered. And that means that I am no longer preoccupied with myself, because I know that I don’t have to get up and worry about myself, I don’t have to validate myself anymore, I don’t have to worry about my insecurities anymore. All those worries are now gone. It’s not about me anymore; it’s about me being able to do what I can to help everybody else know that they don’t have to have those worries anymore either. It’s amazing. And when you have that feeling that you no longer have to validate yourself, and worry about yourself, all of that is just stripped away and you become a calmer, more functional, more loving, more giving human. It’s pretty special!*[laughs]*

This information will help other people in the world because they will no longer have to live with the pain of not understanding that the human condition has been solved. They will no longer have to search for the answers. They will no longer have to worry about whether there’s a future for their children. That has *all now* been answered, so that searching is no longer necessary. And this will actually transform every individual’s life—people will go from being worried, sad...it will just transform people’s lives to a point where they have happiness in their life, they have safety, they have security, they have love, they have *all* that we need to be able to exist in a world that is just going to be very, very special.

Because this information has arrived (and it is for everyone), we can actually make a choice now—we can choose to go down the habituated road of pain and suffering and worry, or we can take the choice and take the *other* road which leads to excitement and love and freedom for everybody. So those choices are there for all of us now, and I choose to take the one that takes me to freedom and happiness, because it’s the awesome road to be on! It’s the road that is going to lead to a life full of joy, excitement, wonder and happiness.

It’s the relief! It’s the feeling of relief—the relief and the knowing that there is a future for everybody and knowing that the pain that everybody is living with now is not going to exist anymore; it’s relief for humanity, and it’s relief for me. That’s what I feel—I feel that incredible relief.

You operate on a different level, you see the world in a different way—and it's an amazing feeling to know that we don't have to live with this pain anymore. And for children to grow up without having to search for these answers and to know that they're going to grow up in a safe, loving, wonderful world where everything is looked after and everyone looks after each other—where the whole world is all working together as one to be safe, and wonderful, and a beautiful place. For the child, they are growing up in a safe world; they no longer have to have the pain that we've had for all this time. It's going to be a beautiful place to be for everyone.

I go straight to [the benefit for] humanity, to everyone. That's really, really what keeps me connected. I walk around and I see the pain in people's faces, and I see that they don't know that the human condition has been solved, but *I know it*, and I know how incredible this information has been in my life and if that's transferred to every human then it's going to be pretty incredible.

The other day I heard an author talking about her Aboriginal elder relative and he told her that life isn't meant to be a struggle, it's meant to be beautiful. And I now know that life *has been* a struggle, and I now know *why* life's been a struggle for humanity, but it no longer has to be a struggle. It can be beautiful, and it will be beautiful with this information in the world because this is life-transforming information.

So, again, the reason why I'm opening this Centre is really very simple—because I want everybody to know about this information. This information is life-saving, it is life-transforming and to know that we no longer have to search for the answers to why we are the way we are, why humans have the capacity to be 'good' and 'evil'—every question that you could possibly ask in this world is answered by this information and everybody needs to know about it.

So there are lots of questions to be asked about this information but I can guarantee you 100% that *every* question can be answered, so I'd love you to you contact the Centre and I look forward to hearing from you. Thank you for listening. ”

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