

Please note, all the **Freedom Essays** are listed at the end of this essay, and they can also be accessed on our homepage at [www.humancondition.com](http://www.humancondition.com)\*

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This is **Freedom Essay 8**

## “How this liberated me from racism”

“ From my own experience I can say with absolute certainty that, as the word gets out, *FREEDOM* will provide the key to healing poor or strained ‘race relations’ throughout the world. Basically, this understanding of the human condition will end all prejudices, like racism, forever. ”

During the WTM’s first Global Conference, which was held in Sydney in February 2017, Franklin Mukakanga, Zambian advertising director, radio host, and founder of the Zambian WTM Centre, described how Jeremy Griffith’s explanation of the human condition brings the desperately needed reconciling understanding to the relationship between races.

The actual explanation of how this critically important reconciliation of the races is achieved is presented in [F. Essay 28](#)\*.

Watch Franklin’s presentation in the video player below:



This video also appears as Video 8 in the Introductory Series of videos at the top of our homepage at [www.humancondition.com](http://www.humancondition.com)\*

## The Transcript of this video

The following transcript is an excerpt from Franklin's presentation.

The full transcript can be read in [Freedom Essay 16\\*](#).

“ As a Bantu, or African, man born and living in a country once colonised by the British, like so many, I had no love for the Caucasian race.

Based on stories I had heard, things I had read; the historical accounts kept alive by so-called 'Black consciousness' or 'Black empowerment' movements; my own observations of the eroding indigenous culture and death of African languages on the heels of colonialism and the West's ongoing exploitation of African resources, I had no kind thoughts for 'bakuwa' as white people are called in my mother tongue.

I did not hate them. I just hated what they had done and continue to do to my people in the process of bringing us 'civilisation'.

This led to a deep resentment and to my treating Caucasians with a cool, guarded ambivalence. I was happy if they stayed out of my way and I stayed out of theirs; I never took the initiative to make Caucasian friends and totally lacked that desire or drive that many Africans have to visit Western lands.

I also considered it my sacred duty as an African man to remember and teach others to remember how the bakuwa had screwed us over and how 'we' couldn't and shouldn't ever trust 'them.' Sure, I got to know a few Caucasians who slipped under the radar over the years, but by and large I was not interested in making them my friends.

It was incredible then to read Jeremy's compassionate, first-principle based explanation of the differences between the races. I learnt that these differences exist because each race has had a different level of exposure to humanity's psychologically upsetting, but heroic search for self-understanding. And it's these different degrees of exposure that have directed the ways in which different races behave, both amongst themselves and towards others. Well, when I learnt this, all the negative feelings I had harboured for many, many years about the more 'upset' races from more advanced civilisations (such as the Caucasians) immediately melted away.

Jeremy had so fully and accountably explained our racial differences that it healed my inner resentment of 'colonising Brits' and by extension, of the Caucasian race and others, cutting like a hot knife through butter. It even made me aware of my own race's oppression of other races such as the !Kung Bushmen.

From my own experience I can thus say with absolute certainty that, as the word gets out, *FREEDOM* will provide the key to healing poor or strained 'race relations' throughout the world. Basically, this understanding of the human condition will end all prejudices, like racism, forever. It is so exciting to think about what the world is going to be like when this understanding becomes widely known and understood because it is going to bring about a world that is harmonious, healed and transformed, which is the glorious home our species deserves at the end of its journey to self-understanding. ”

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How racism is ended by the understanding of the human condition is explained in F. Essay 28\*, and in chapter 8:16E of FREEDOM\*.

Also, watch Jeremy Griffith present the breakthrough redeeming explanation of the human condition in Video/F. Essay 3\*, or read chapter 1 of FREEDOM\*.

**Please Note, if you are online you can read, print, download or listen to (as a podcast) any of the following Freedom Essays by clicking on them, or you can find them all at [www.humancondition.com](http://www.humancondition.com)\***.

#### **INTRODUCTION TO THE EXPLANATION & RESOLUTION OF THE HUMAN CONDITION:**

**Freedom Essay 1** Your block to the most wonderful of all gifts\* | **2** The false ‘savage instincts’ excuse\* | **3** THE EXPLANATION of the human condition\* | **4** The ‘instinct vs intellect’ explanation is obvious – short\* | **5** The transformation of the human race\* | **6** Wonderfully illuminating discussion\* | **7** Praise from Prof. Prosen\* | **8** “How this liberated me from racism”\* | **9** “This is the real liberation of women”\* | **10** What exactly is the human condition?\* | **11** The difficulty of reading *FREEDOM* and the solution\* | **12** One hour summarising talk\* | **13** The WTM Deaf Effect Course\* | **14** Savage instincts excuse leads to human extinction\* | **15** How your life can immediately be transformed\* | **16** WTM Centres opening everywhere\* | **THE BOOKS:** **17** Commendations\* | **18** *FREEDOM* chapter synopses\* | **19** *FREEDOM*’s significance by Prof. Prosen\* | **20** The genius of *Transform Your Life*\* | **THE OTHER KEY BIOLOGICAL EXPLANATIONS:** **21** How did we humans acquire our altruistic moral conscience?\* | **22** Fossil discoveries evidence our nurtured origins\* | **23** Integrative Meaning or ‘God’\* | **24** How did consciousness emerge in humans?\* | **25** The truthful biology of life\* | • Survey seeking feedback\* | **MEN & WOMEN RECONCILED:** **26** Men and women reconciled\* | **27** Human sex and relationships explained\* | **THE END OF RACISM:** **28** The end of racism\* | **29** Can conflict ever end?\* | **RESIGNATION:** **30** Resignation\* | **31** Wordsworth’s all-revealing great poem\* | **MORE ON THE TRANSFORMATION:** **32** More on the Transformation\* | **33** Jeremy on how to become transformed\* | **THE END OF POLITICS:** **34** This understanding ends the polarised world of politics\* | **35** Left-wing politics leads to death of the human race\* | **36** Saving Western civilisation from left-wing dogma\* | **37** The meaning of superhero and disaster films\* | **RELIGION DECIPHERED:** **38** Noah’s Ark explained\* | **39** Christ explained\* | **40** Judgment Day finally explained\* | **41** Science’s scorn of religion\* | **MEANING OF ART & CULTURE:** **42** Cave paintings\* | **43** Ceremonial masks explained\* | **44** Art makes the invisible visible\* | • Second survey seeking feedback\* | **45** Prophetic songs\* | **46** Anne Frank’s faith in human goodness fulfilled\* | **47** Humour and swearing explained\* | **48** R.D. Laing’s fearless honesty\* | **ABOUT BIOLOGIST JEREMY GRIFFITH:** **49** Jeremy’s biography\* | **50** Australia’s role\* | **51** Sir Laurens van der Post’s fabulous vision\* | **52** Jeremy’s children’s book *A Perfect Life*\* | **53** The ‘instinct vs intellect’ explanation is obvious – long\* | **54** The accusation of hubris\* | **DO WE FAIL OR DO WE MAKE IT?** **55** Endgame for the human race\* | **56** Why there have been ferocious attacks on the WTM\* | **57** Magnificence of the Transformed State – video 1\* | **58** Magnificence of the Transformed State – video 2\* | **MARKETING:** **59** Shouldn’t the WTM’s website be toned down?\* | **60** The crime of ‘ships at sea’ ‘pocketing the win’\* | **GENERAL DISCUSSIONS BY JEREMY:** **61** General Discussion by Jeremy Aug. 2018\* | **62** Jeremy’s

Masterpiece Presentation Feb. 2019\* | **HEALTH & HEALING: 63** Pseudo therapy/healing\* | **64** Real therapy/healing\* | **From here on are Transformation Affirmations and More Good Info Emails\***

These essays were created in 2017-2019 by Jeremy Griffith, Damon Isherwood, Fiona Cullen-Ward, Brony FitzGerald & Lee Jones of the Sydney WTM Centre. All filming and editing of the videos was carried out by Sydney WTM members James Press & Tess Watson during 2017-2019. Other members of the Sydney WTM Centre are responsible for the distribution and marketing of the videos/essays, and for providing subscriber support.

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