

6. ABOUT RELIGION AND THE NEW AGE MOVEMENT

WTM FAQ 6.5 Is this just another self-help, New Age, pseudo idealistic movement?

No. There has been much talk of the need to love each other and the environment, but the *real* need on Earth has been to love the dark side of ourselves, to find reconciling and redeeming understanding of our species' extraordinary capacity for brutality, selfish indifference to others, hate, anger, oppression, meanness, cruelty, devastation and destruction—to explain the psychological origins of our deeply distressed so-called *human condition* and by so doing heal our troubled souls and set ourselves free. And it is precisely that all-important explaining, redeeming, reconciling and liberating understanding of ourselves that is presented in biologist Jeremy Griffith's work. While the New Age Movement, and the many other pseudo idealistic movements (such as the 'Socialist', 'Age of Aquarius', 'Peace', 'Feminist', 'Green', 'Politically Correct', 'Postmodernist', 'Multicultural', 'Anti-Capitalist' and most recently, 'Critical Theory' and its associated 'Critical Race Theory' and 'Critical Gender Theory' movements), deluded themselves that this liberated state could be achieved through people artificially restraining, sublimating and even transcending their upset, corrupted condition, the truth is that state could *only* be achieved by confronting, truthfully thinking about, and finally explaining and thus *solving* the human condition at its source, which is what Jeremy has done (see [Video/Freedom Essay 3*](#) and [chapter 1*](#) of his book *FREEDOM: The End Of The Human Condition*).

Essentially, pseudo idealistic movements were about finding relief from, or escaping, our tormented condition, rather than directly confronting and bringing redeeming, reconciling and rehabilitating explanation to the battle between our conflicted and divided selves or nature or condition. As Jeremy writes of the pseudo idealistic New Age Movement in *FREEDOM: The End Of The Human Condition*, **"Irresponsible transcendence of the issue of self, thought repression, enforced dogma and escapism were all fundamentally a 'retreat from knowledge'. But de-braining ourselves was never going to work; ultimately, we needed brain food not brain anaesthetic; we needed knowledge—specifically the dignifying, uplifting, healing, ameliorating, relieving, peace-bringing understanding of the human condition. Anything else was an abrogation of the fundamental responsibility that came with our greatest capacity and nature's greatest invention: our species' fully conscious, thinking, self-managing, self-adjusting mind."** (see paragraph 1180 of *FREEDOM*)

Yes, the truth is that pseudo idealism has been leading humanity away from the truth about ourselves. It was an irresponsibly escapist abandonment of the search for knowledge, ultimately self-knowledge, understanding of the human condition. It was working *against* finding the relieving understanding of ourselves.

To responsibly and profoundly deal with the human condition you have to confront, explain, understand and by so doing be able to heal and end our destructive nature—there is no short cut. Humans have to be able to *understand* their way to freedom, and it is that all-clarifying, redeeming and rehabilitating understanding that Jeremy provides.

The difference between the liberating, fully accountable, rational, biological explanation of the human condition, and pseudo idealism is explained in [Freedom Essay 35*](#), which is such a significant essay it has also been produced as the standalone booklet titled *Death by Dogma: The biological reason why the Left is leading us to extinction, and the solution**, which is freely available on our homepage as one of the WTM's four key books. *Death by Dogma* includes an explanation of the danger of the pseudo idealistic left-wing's adoption of the dishonest 'savage instincts' excuse and Marxist 'blank-slate' nonsense to dismiss our human condition; how the left-wing threatened humanity's search for knowledge; and the progression toward ever greater levels of delusion in pseudo idealistic movements during the last 200 years. You can read more about the *legitimate* transformation that understanding of the human condition makes possible in [Freedom Essay 15*](#).

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