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This is **Freedom Essay 2**

## Debunking the 'savage instincts' excuse for human behaviour

By Jeremy Griffith, 2018

Humans are aggressive and ruthlessly competitive because, like other animals, we have savage instincts derived from a need to reproduce our genes—right? Actually, no. In this short video, biologist Jeremy Griffith explains that **humans' selfish behaviour is NOT a product of savage animal instincts within us, but the result of a psychosis that can be healed through understanding**—a revelation that has the power to transform the human race. (Jeremy presents the redeeming explanation of the human condition in the next video in this series, [Video/F. Essay 3\\*](#).)

So, in case you haven't already watched this exposé of the dishonest way we humans have been excusing our selfish behaviour, we urge you to watch it now:



This video also appears as Video 2 in the Introductory Series of videos at the top of our homepage at [www.humancondition.com](http://www.humancondition.com)\*.

## The Transcript of this video

“ Following on from the first video, what I would now like to say is that when it comes to the issue of human nature I know everyone uses the excuse that our competitive, selfish and aggressive behaviour is due to us having savage animal instincts, which are driven by the need to reproduce our genes. I mean, our conversations are saturated with the excuse, with comments like: ‘We are programmed by our genes to try to dominate others and be a winner in the battle of life’; and ‘Our preoccupation with sexual conquest is due to our primal instinct to sow our seeds’; and ‘Fighting and war is just our animal nature expressing itself’. And then there’s the most common comment of all, that ‘It’s just human nature to be selfish’. But surely this idea that we have savage competitive and aggressive instincts is just a convenient excuse while we searched for the *real* reason for our competitive and aggressive behaviour. After all, words used to describe human behaviour such as egocentric, arrogant, inspired, depressed, deluded, pessimistic, optimistic, artificial, hateful, cynical, mean, immoral, brilliant, guilt-ridden, evil, psychotic, neurotic, alienated, all recognise the involvement of OUR species’ fully conscious thinking mind. They demonstrate that there is a psychological dimension to our behaviour; that we don’t suffer from a genetic-opportunism-driven ‘animal condition’, but the *psychologically* troubled HUMAN CONDITION.

Also, we humans have cooperative, selfless and loving *moral* instincts, the voice or expression of which we call our conscience—which is the complete *opposite* of competitive, selfish and aggressive instincts. As Charles Darwin said, ‘**The moral sense perhaps affords the best and highest distinction between man and the lower animals**’ (*The Descent of Man*, 1871, ch.4). (I might mention that in [Video/F. Essay 4\\*](#) I provide both the irrefutable evidence for, and the biological origins of, our species’ wondrous cooperative and loving ape ancestry, which our moral instincts are the result of.)

So saying our behaviour stems from having competitive, selfish and aggressive instincts like other animals is simply not true; as I say, it’s just a convenient excuse while we waited for the psychosis-acknowledging-and-solving, *real* explanation of our competitive and aggressive behaviour, which is what *FREEDOM* presents, and I’ll be presenting in the next video ([Video/F. Essay 3](#)).

I now need to point out that this excuse that we are victims of competitive, selfish and aggressive instincts also implies that our nature is fundamentally unchangeable, and this has led to the false belief that there will always be bad people, that there will always be wars, murders, inequality and so on—and that the meaning of life is just to try, as best we can, to manage those supposedly innate, unchangeable aspects of our make-up. But again, this overlooks the fact that we suffer from a *psychologically* troubled *human condition*—*and a psychosis can be healed with understanding*.

Most significantly, the left-wing’s culture of dogmatically imposing cooperative, selfless and loving ideal/politically correct values is also based on this false belief that we have unchangeable competitive, selfish and aggressive instincts, because if those are our instincts then it reasons we have no choice but to dogmatically enforce cooperative, selfless and loving behaviour. But, as just emphasised, this overlooks the fact that we suffer from a psychologically troubled condition that can be healed with *understanding*.

So our divisive behaviour is *not* unchangeable, and furthermore, it’s healing *understanding* we need, *not* dogma. Dogma is the *opposite* of understanding—in fact dogma *stops* the search for understanding/knowledge because it stifles the freedom of expression needed to search for, experiment with and by so doing find, that healing understanding/knowledge: dogma is not the cure for the troubled state of the world, it is the *poison*! So, convenient as it has been, the use of the savage instincts excuse has been *incredibly* misleading and dangerous. The whole biological premise upon which the philosophy of the left-wing in politics is based is WRONG!—which I explain much more about in [Video/F. Essay 14\\*](#).

What I also want to say here (and I explain more about this in Video/F. Essay 14) is that the famous Harvard-University-based biologist E.O. Wilson, who as I mentioned in the previous video rightly acknowledged the importance of solving the human condition, has been the leading proponent of this extremely dangerous false savage instincts excuse for our competitive, selfish and aggressive behaviour, even putting forward a completely dishonest savage instincts-based so-called ‘explanation’ for our ‘good and evil’, *psychologically* conflicted human condition!

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So that’s the importance of the psychosis-addressing-and-solving, *real* explanation of the human condition in *FREEDOM*. It reveals that so-called ‘human nature’ is a product of an underlying *psychological* insecurity about whether we humans are fundamentally good or not—and because the fully accountable explanation in *FREEDOM* is *SO* redeeming and healing, it brings a complete and permanent end to our insecurity-driven destructive behaviour, completely transforming all humans into secure and happy beings. It shows that our species’ psychosis *can* be healed with understanding and is not at all immutable or unchangeable.

That is why the front cover of *FREEDOM* features this wonderful sun rising over the horizon bringing us the long sought after dawn of understanding. Light/the sun has always been the metaphor for knowledge, and that’s what’s arrived. And you can see the people on the horizon are dancing for joy that this understanding of the human condition is finally here. Also, this little booklet, [Transform Your Life And Save the World\\*](#), is the condensed version of *FREEDOM*. You can download both books for free from our website, or purchase them from bookstores, including Amazon.

So I really urge you to watch the next short video where I present the psychosis-addressing-and-solving, *REAL* explanation of the human condition. ”

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Watch Jeremy Griffith present the breakthrough redeeming explanation of the human condition in [Video/F. Essay 3\\*](#), or read [chapter 1 of FREEDOM\\*](#).

**Please Note, if you are online you can read, print, download or listen to (as a podcast) any of the following Freedom Essays by clicking on them, or you can find them all at [www.humancondition.com](http://www.humancondition.com)\***.

#### INTRODUCTION TO THE EXPLANATION & RESOLUTION OF THE HUMAN

**CONDITION: Freedom Essay 1** Your block to the most wonderful of all gifts\* | **2** The false ‘savage instincts’ excuse\* | **3** THE EXPLANATION of the human condition\* | **4** The ‘instinct vs intellect’ explanation is obvious – short\* | **5** The transformation of the human race\* | **6** Wonderfully illuminating discussion\* | **7** Praise from Prof. Prosen\* | **8** “How this liberated me from racism”\* | **9** “This is the real liberation of women”\* | **10** What exactly is the human condition?\* | **11** The difficulty of reading *FREEDOM* and the solution\* | **12** One hour summarising talk\* | **13** The WTM Deaf Effect Course\* | **14** Savage instincts excuse leads to human extinction\* | **15** How your life can immediately be transformed\* | **16** WTM Centres opening everywhere\* | **THE BOOKS: 17** Commendations\* | **18** *FREEDOM* chapter synopses\* | **19** *FREEDOM*’s significance by Prof. Prosen\* | **20** The genius of *Transform Your Life*\* | **THE OTHER KEY BIOLOGICAL EXPLANATIONS: 21** How did we humans acquire our altruistic moral conscience?\* | **22** Fossil discoveries evidence our nurtured origins\* | **23** Integrative Meaning or ‘God’\* | **24** How did consciousness emerge in humans?\* | **25** The truthful biology of life\* | • Survey seeking feedback\* | **MEN & WOMEN RECONCILED: 26** Men and women reconciled\* | **27** Human sex and relationships explained\* | **THE END OF RACISM: 28** The end of racism\* | **29** Can conflict ever end?\* | **RESIGNATION: 30** Resignation\* | **31** Wordsworth’s all-revealing great poem\* | **MORE ON THE TRANSFORMATION: 32** More on the Transformation\* | **33** Jeremy on how to become transformed\* | **THE END OF POLITICS: 34** This understanding ends the polarised world of politics\* | **35** Left-wing politics leads to death of the human race\* | **36** Saving Western civilisation from left-wing dogma\* | **37** The meaning of superhero and disaster films\* | **RELIGION DECIPHERED: 38** Noah’s Ark explained\* | **39** Christ explained\* | **40** Judgment Day finally explained\* | **41** Science’s scorn of religion\* | **MEANING OF ART & CULTURE: 42** Cave paintings\* | **43** Ceremonial masks explained\* | **44** Art makes the invisible visible\* | • Second survey seeking feedback\* | **45** Prophetic songs\* | **46** Anne Frank’s faith in human goodness fulfilled\* | **47** Humour and swearing explained\* | **48** R.D. Laing’s fearless honesty\* | **ABOUT BIOLOGIST JEREMY GRIFFITH: 49** Jeremy’s biography\* | **50** Australia’s role\* | **51** Sir Laurens van der Post’s fabulous vision\* | **52** Jeremy’s children’s book *A Perfect Life*\* | **53** The ‘instinct vs intellect’ explanation is obvious – long\* | **54** The accusation of hubris\* | **DO WE FAIL OR DO WE MAKE IT? 55** Endgame for the human race\* | **56** Why there have been ferocious attacks on the WTM\* | **57** Magnificence of the Transformed State – video 1\* | **58** Magnificence of the Transformed State – video 2\* | **MARKETING: 59** Shouldn’t the WTM’s website be toned down?\* | **60** The crime of ‘ships at sea’ ‘pocketing the win’\* | **GENERAL DISCUSSIONS BY JEREMY: 61** General Discussion by Jeremy Aug. 2018\* | **62** Jeremy’s Masterpiece Presentation Feb. 2019\* | **HEALTH & HEALING: 63** Pseudo therapy/healing\* | **64** Real therapy/healing\* | **From here on are Transformation Affirmations and More Good Info Emails\***

These essays were created in 2017-2019 by Jeremy Griffith, Damon Isherwood, Fiona Cullen-Ward, Brony FitzGerald & Lee Jones of the Sydney WTM Centre. All filming and editing of the videos was carried out by Sydney WTM members James Press & Tess Watson during 2017-2019. Other members of the Sydney WTM Centre are responsible for the distribution and marketing of the videos/essays, and for providing subscriber support.

Published by WTM Publishing and Communications Pty Ltd (ACN 103 136 778)  
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